

If you are eating in our Paddington (Spring Street) or Worthing restaurants – please do NOT use this guide. We have a separate full ingredients menu for these sites.

Our main allergen guide covers the 14 allergens specified by the EU Food Information Regulations. However, we understand that people may want to avoid other food ingredients, therefore this menu shows the full ingredient declarations of a select number of our dishes. Please use this guide to inform your choice however we are unable to provide full information about our suppliers' allergen risks, including cross contact. In addition, our kitchens handle numerous ingredients and allergens and it is not possible for us to guarantee that our dishes will be allergen free.

Please check this information **every** time you visit our restaurant as we may have changed the recipe or the ingredients of one or more of our dishes.

If you are unable to find a dish suitable for your dietary requirements here, we advise you not to order. However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed. Please bear in mind though that due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any other menu items. Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Click on contact us on our website or email info@askitalian.co.uk

Section	Dish Name	Ingredient Declaration	Comments
Starters	Italian olives	Marinated Olives (Nocellara Extra Jumbo Olives (Nocellara Olives, Salt, Water, Acidity Regulators (Lactic Acid, Citric Acid), Antioxidant (Ascorbic Acid)), Extra Virgin Olive Oil.	
Starters	Burrata Tricolore	Burrata Cheese (Milk, Thickener (Glycerol), Stabilisers (Carboxy Methyl Cellulose, Carrageenan), Emulsifiers (Lactic Acid Esters Of Mono- And Diglycerides Of Fatty Acids, Mono- And Diglycerides Of Fatty Acids)), Baby Plum Tomatoes, Rocket, Slow-Roasted Tomatoes In Oil (Semidried Tomatoes, Rapeseed Oil, Garlic, Salt, Oregano), Extra Virgin Olive Oil, Ricotta Salata (Sheep's Milk Whey, Salt, Acidity Regulator (Citric Acid)), Vegan Basil Pesto (Sunflower Oil, Basilico Genovese P.D.O, Rehydrated Potato Flakes, Extra Virgin Olive Oil, Sunflower Seeds, Pumpkin Seeds, Inactive Yeast, Lemon Juice, Pine Kernels, Garlic, Salt, Black Pepper, Antioxidant (Ascorbic Acid)), Basil, Sea Salt, Cracked Black Pepper.	
Starters	Garlic Bread	Wildfarmed Flour Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil, Enzymes)), Garlic & Parsley Spread (Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene)), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid)), Maize Grits, White Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maize Starch, Flat Parsley.	
Pasta	Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk, Acidity Regulator (Citric Acid)), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree & Oil Mix (Garlic Puree, Rapeseed Oil), Sea Salt, Cracked Black Pepper.	Pasta boiled with other ingredients/ allergens.
Pasta	Vegan Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree & Oil Mix (Garlic Puree, Rapeseed Oil), Sea Salt, Cracked Black Pepper.	Pasta boiled with other ingredients/ allergens.
Pasta	Fettuccine Bolognese	Bolognese Sauce (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Tomato Purée, Water, Celery, Sugar, Modified Maize Starch, Beef Stock (Beef Stock (Beef Extract, Beef, Beef Bone Stock, Water, Beef Fat), Maize Starch, Sugar, Salt, Tomato Paste, Onion Concentrate), Sundried Tomato Paste (Sunflower Oil, Salt, Wine Vinegar, Garlic, Rosemary, Basil, Black Pepper), Rapeseed Oil, Yeast Extract, Garlic Puree, Lemon Juice From Concentrate, Glace Powder (Modified Maize Starch, Maize Starch, Maltodextrin, Salt, Sugar, Yeast Extract (Yeast Extract, Salt), Flavouring, Colour (Plain Caramel), Onion Powder, Dried Glucose Syrup, Tomato Powder, Ground Paprika, Rapeseed Oil, Ground Black Pepper, Ground Bay), Salt, White Wine Vinegar, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must), Anchovy Paste (Anchovy Paste (Fish), Refine Olive Oil, White Wine Vinegar), Basil, Oregano, Rosemary, Cracked Black Pepper, Beet Sugar, Parsnip, Nutmeg), Armando Fettuccine (Durum Wheat Semolina), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Cracked Black Pepper.	Pasta boiled with other ingredients/ allergens.
Pasta	Linguine Carbonara	Linguine Armando (Durum Wheat Semolina), Carbonara (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese, (Milk, Preservatives (Potassium Sorbate, Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour, Carrot, Tomato), Smoked Pancetta (Pork, Salt, Dextrose, Glucose Syrup, Preservative (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Riserva (Milk), Golden Vegetable (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Cracked Black Pepper.	Pasta boiled with other ingredients/ allergens.

Section	Dish Name	Ingredient Declaration	Comments
Pasta	Non Gluten Pomodoro	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto Ai Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk, Acidity Regulator (Citric Acid)), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Garlic Puree, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli cooked separately to order.
Pasta	Non Gluten Carbonara	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Carbonara Sauce (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Milk) (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Preservative (Nisin)), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour), Smoked Pancetta Lardons (Pork, Salt, Dextrose, Glucose Syrup, Preservatives (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Riserva (Milk), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli cooked separately to order.
Pasta	Non Gluten Bolognese	Bolognese Sauce (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Tomato Purée, Water, Celery, Sugar, Modified Maize Starch, Beef Stock (Beef Stock (Beef Extract, Beef, Beef Bone Stock, Water, Beef Fat), Maize Starch, Sugar, Beet Sugar, Salt, Tomato Paste, Onion Concentrate), Sundried Tomato Paste (Sunflower Oil, Salt, Wine Vinegar, Garlic, Rosemary, Basil, Black Pepper), Rapeseed Oil, Yeast Extract, Garlic Puree, Lemon Juice From Concentrate, Glace Powder (Modified Maize Starch, Maize Starch, Maltodextrin, Salt, Sugar, Yeast Extract (Yeast Extract, Salt), Flavouring, Colour (Plain Caramel), Onion Powder, Dried Glucose Syrup, Tomato Powder, Ground Paprika, Rapeseed Oil, Ground Black Pepper, Ground Bay), Salt, White Wine Vinegar, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must), Anchovy Paste (Anchovy Paste (Fish), Refined Olive Oil, White Wine Vinegar), Basil, Oregano, Rosemary, Parsnip, Lovage, Nutmeg, Cracked Black Pepper), Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli cooked separately to order.
Pasta	Non Gluten Vegan Ai Pomodoro	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Rice Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto Ai Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Garlic Puree, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli cooked separately to order.
Pizzas	Non-Gluten Margherita	Non-Gluten Containing Pizza Base (Rice Starch, Corn Starch, Water, Potato Starch, Tapioca Starch, Rice Flour, Oils (Sunflower, Rapeseed, Extra Virgin Olive Oil), Pea Flour, Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Buckwheat Flour, Flaxseed Oil Panel Flour, Salt, Fresh Brewer's Yeast, Psyllium Husk, Natural Flavourings, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Raising Agents (Glucono-Delta-Lactone, Sodium Hydrogen Carbonate, Disodium Diphosphate)), Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Oregano.	
Pizzas	Vegan Classic Margherita	Wildfarmed Flour Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum,, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Maize Grits, White Rice, Raising Agents (Sodium Acid pyrophosphate, Sodium Bicarbonate), Oregano.	
Pizzas	Classic - Stromboli	Wildfarmed Flour Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil)), Mozzarella (Mozzarella (Milk), Anti-Caking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Pepperoni (Pork, Pork Fat, Salt, Paprika Powder, Spices (Garlic, Cumin, Black Pepper, Caraway Seeds, Chilli), Acidity Regulator (Glucono-Delta-Lactone), Sugar, Antioxidants (Ascorbic Acid, Citric Acid, Sodium Ascorbate), Preservatives (Sodium Nitrate, Potassium Nitrate), Stabiliser (Sodium Citrates, Triphosphates)), Maize Grits, White Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Oregano.	
Pizzas	Non Gluten Vegan - Margherita	Non-Gluten Containing Pizza Base (Rice Starch, Corn Starch, Water, Potato Starch, Tapioca Starch, Rice Flour, Oils (Sunflower, Rapeseed, Extra Virgin Olive Oil), Pea Flour, Vegetable Fibre (Potato, Rice, Psyllium, Flax, Lemon, Pea), Sugar, Millet Flour, Buckwheat Flour, Flaxseed Oil Panel Flour, Salt, Fresh Brewer's Yeast, Psyllium Husk, Natural Flavourings, Thickeners (Xanthan Gum, Hydroxypropyl Methyl Cellulose), Raising Agents (Glucono-Delta-Lactone, Sodium Hydrogen Carbonate, Disodium Diphosphate)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum,, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Oregano.	

Section	Dish Name	Ingredient Declaration	Comments
Sides	Chips	Chips (Potatoes, Sunflower Oil, Batter (Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Modified Starch, Rice Flour, Salt, Corn Starch, Turmeric Extract, Colour (Paprika Extract), Raising Agents (Sodium Bicarbonate, Disodium Diphosphate, Thickener (Xanthan Gum), Dextrose)), Garlic Mayo (Rapeseed Oil, Water, Pasteurised Liquid Egg, Acidity Regulator (Acetic Acid), Sugar, Modified Starch, Garlic, Salt, Stabiliser (Guar Gum), Spices (Mustard), Herb, Preservative (Potassium Sorbate), Antioxidant (Calcium Disodium)), Red Bell Pepper Granules, Salt, Garlic Powder, Yeast Extract, Ground Oregano, Ground Rosemary, Roasted Garlic Granules, Ground Paprika, Red Bell Pepper, Oregano Leaves, Rosemary, Parsley Flakes, Oak Smoked Sea Salt, Black Pepper, Rapeseed Oil, Palm Oil, Salt	Fried with other ingredients/allergens.
Desserts	Biscoff Cheesecake	Lotus Biscoff Cheesecake (Biscuit Base (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Invert Sugar Syrup, Raising Agents (Sodium Bicarbonate, Ammonium Bicarbonate), Salt), Double Cream (Milk), Reduced Fat Soft Cheese (Skimmed Milk, Cream (Milk), Permeate (Milk), Salt, Tapioca Starch, Stabilisers (Xanthan Gum, Locust Bean Gum), Bacterial Starter Culture), Lotus Original Caramelised Biscuit Spread (Caramelised Biscuit (Wheat Flour, Sugar, Vegetable Oil (Rapeseed Oil, Palm Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)), Sugar, Full Fat Soft Cheese (Milk), Caramelised Biscuit (Wheat Flour, Sugar, Vegetable Oils (Rapeseed Oil, Palm Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Starch (Maize), Partially Inverted Sugar Syrup, Milk, Tapioca Starch, Natural Vanilla Flavouring, Preservative (Potassium Sorbate)), Toffee Sauce (Cream (Milk), Salted Butter (Butter (Milk), Salt), Water, Partially Inverted Refiners Syrup, Glucose Syrup, Demerara Sugar, Brown Sugar, Modified Maize Starch, Rapeseed Oil, Colour (Ammonia Caramel), Stabiliser (Xanthan Gum)), White Chocolate Curls (Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring).	
Desserts	Cherry & Clotted Cream Gelato	Whole Milk, Sugar, Double Cream (Milk), Clotted Cream (Milk), Amarena Cherry Sauce (Dried Glucose Syrup, Sugar, Candied Cherries (Cherries, Glucose-Fructose Syrup, Sour Black Cherry Juice, Acidity Regulator (Citric Acid), Vegetable Concentrate (Black Carrot, Hibiscus), Natural Flavourings), Water, Concentrated Amarena Cherry Juice, Acidity Regulator (Citric Acid), Thickeners (Agar Agar, Pectin), Flavourings (Colour (Anthocyanins))), Dextrose, Skimmed Milk Powder, Cinnamon Biscuit (Wheat Flour, Sugar, Vegetable Fat (Rapeseed Oil), Candied Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Cinnamon, Salt), Digestive Biscuit Crumble (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oils (Palm, Rapeseed), Sugar, Invert Sugar Syrup, Raising Agent (Sodium Carbonate), Salt), Vegetable Oils (Shea Kernel, Palm), Emulsifier (Sunflower Lecithin)), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Locust Bean Gum, Guar Gum, Carrageenan).	
Desserts	Salted Caramel Gelato	Water, Glucose Syrup, Sugar, Coconut Oil, Salted Caramel (Water, Sugar, Partially Inverted Refiners Syrup, Glucose Syrup, Corn Oil, Corn Starch, Vanilla Extract, Natural Flavourings, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Maltodextrin, Dextrose, Soya Protein, Colour (Plain Caramel), Sea Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Locust Bean Gum, Carrageenan, Guar Gum), Natural Flavourings.	
Desserts	Vanilla Gelato	Reconstituted Skimmed Milk Powder, Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Glucose Syrup, Whey Powder (Milk), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Vanilla Flavouring, Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum), Exhausted Ground Vanilla Beans, Colour (Annatto Norbixin).	
Desserts	Chocolate Gelato	Reconstituted Skimmed Milk Powder (Milk), Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Cocoa Powder, Glucose Syrup, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum).	
Desserts	Berry Sorbet	Water, Strawberry Puree, Sugar, Glucose Syrup, Blackcurrant Puree, Raspberry Puree, Fructose, Maltodextrin, Stabilisers (Guar Gum, Locust Bean Gum, Hydroxypropyl Methyl Cellulose), Sweetener (Steviol Glycosides).	
Kids Starters	Kids - Vegetable Sticks & Dip	Carrots, Cucumber, Dip (Tomatoes, Salt, Basil, Oregano).	
Kids Mains	Kids - Top Your Own Pizza Face	Wildfarmed Flour Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil)), Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar), Maize Grits, White Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate).	
Kids Mains	Vegan - Kids Top Your Own Pizza Face	Wildfarmed Flour Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamine, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Rapeseed Oil)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum,, Locust Bean, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar), Maize Grits, White Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate).	
Kids Desserts	Kids - Frutti	Apples, Black Grapes.	