

**If you are eating in our London - Spring Street (Paddington) or Worthing restaurants – please do NOT use this guide. We have a separate full ingredients menu for these sites.**

Our main allergen guide covers the 14 allergens specified by the EU Food Information Regulations. However, we understand that people may want to avoid other food ingredients, therefore this menu shows the full ingredient declarations of a select number of our dishes. Please use this guide to inform your choice however we are unable to provide full information about our suppliers' allergen risks, including cross contact. In addition, our kitchens handle numerous ingredients and allergens and it is not possible for us to guarantee that our dishes will be allergen free.

Please check this information **every** time you visit our restaurant as we may have changed the recipe or the ingredients of one or more of our dishes.

**If you are unable to find a dish suitable for your dietary requirements here, we advise you not to order.** However, as you know more about your allergy than we do, we will leave it up to you if you want to proceed. Please bear in mind though that due to the seriousness of allergies and food intolerances, our restaurant teams will not be able to help select dishes and they do not hold full ingredient information on any other menu items. Alternatively, if you let our head office know your dietary requirements in advance of your visit they will try to help you with your dish choices. Click on contact us on our website or email [info@askitalian.co.uk](mailto:info@askitalian.co.uk)

Section	Dish Name	Ingredient Declaration	Comments
Starters	Burrata Tricolore	Burrata Cheese (Burrata (Milk), Thickeners (Glycerol), Stabilisers (Carboxy Methyl Cellulose, Carrageenan), Emulsifiers (Lactic Acid Esters Of Mono- And Diglycerides Of Fatty Acids, Mono- And Diglycerides Of Fatty Acids)), Baby Plum Tomatoes, Rocket, Slow Roasted Tomatoes (Semi Dried Tomatoes, Rapeseed Oil, Garlic, Salt, Oregano), Extra Virgin Olive Oil, Ricotta Salata (Pasteurised Sheep's Milk Whey, Salt, Acidity Regulator (Citric Acid)), Vegan Basil Pesto (Sunflower Oil, Basilico Genovese P.D.O, Rehydrated Potato Flakes, Extra Virgin Olive Oil, Sunflower Seeds, Pumpkin Seeds, Inactive Yeast, Lemon Juice, Pine Kernels, Garlic, Salt, Black Pepper, Antioxidant (Ascorbic Acid)), Basil, Salt, Black Pepper.	
Starters	Italian olives	Marinated Olives (Nocellara Extra Jumbo Olives (Nocellara Olives, Salt, Packed In: Water, Acidity Regulators (Lactic Acid, Citric Acid), Antioxidant (Ascorbic Acid)), Extra Virgin Olive Oil, Oregano.	
Starters	Garlic Bread	Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Olive Oil, Yeast, Sugar, Flour Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid), Rapeseed Oil, Enzymes), Vegetable Margarine (Palm Oil, Rapeseed Oil, Water, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Flavouring, Colour (Beta-Carotene)), Rapeseed Oil, Garlic Puree, Garlic Granules, Salt, Parsley, Ground Black Pepper, Preservative (Citric Acid), White Rice, Brown Rice, Extra Virgin Olive Oil, Flat Parsley.	
Pasta	Fettuccine Bolognese	Bolognese Sauce (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Tomato Purée, Water, Celery, Sugar, Modified Maize Starch, Beef Stock (Beef Stock (Beef Extract, Beef, Beef Bone Stock, Water, Beef Fat), Maize Starch, Sugar, Beet Sugar, Salt, Tomato Paste, Onion Concentrate), Sundried Tomato Paste (Sundried Tomatoes, Sunflower Oil, Salt, Wine Vinegar, Garlic, Rosemary, Basil, Black Pepper), Rapeseed Oil, Yeast Extract, Garlic Puree, Lemon Juice From Concentrate, Glace Powder (Modified Maize Starch, Maize Starch, Maltodextrin, Salt, Sugar, Yeast Extract (Yeast Extract, Salt), Flavouring, Colour (Plain Caramel), Onion Powder, Dried Glucose Syrup, Tomato Powder, Ground Paprika, Rapeseed Oil, Ground Black Pepper, Ground Bay), Salt, White Wine Vinegar, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must), Anchovy Paste (Anchovy Paste (Fish), Refined Olive Oil, White Wine Vinegar), Basil, Oregano, Rosemary, Cracked Black Pepper, Vegetables (Onions, Parsnips), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg)), Fettuccine (Durum Wheat Semolina), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Salt, Black Pepper.	Boiler contains other ingredients and allergens. For cross-contact info, see page 4 of the allergen guide.
Pasta	Non Gluten Bolognese	Bolognese Sauce (Beef, Red Wine (Sulphites), Tomato Passata, Tomatoes, Onion, Tomato Purée, Water, Celery, Sugar, Modified Maize Starch, Beef Stock (Beef Stock (Beef Extract, Beef, Beef Bone Stock, Water, Beef Fat), Maize Starch, Sugar, Beet Sugar, Salt, Tomato Paste, Onion Concentrate), Sundried Tomato Paste (Sundried Tomatoes, Sunflower Oil, Salt, Wine Vinegar, Garlic, Rosemary, Basil, Black Pepper), Rapeseed Oil, Yeast Extract, Garlic Puree, Lemon Juice From Concentrate, Glace Powder (Modified Maize Starch, Maize Starch, Maltodextrin, Salt, Sugar, Yeast Extract (Yeast Extract, Salt), Flavouring, Colour (Plain Caramel), Onion Powder, Dried Glucose Syrup, Tomato Powder, Ground Paprika, Rapeseed Oil, Ground Black Pepper, Ground Bay), Salt, White Wine Vinegar, Balsamic Vinegar (Wine Vinegar, Concentrated Grape Must), Anchovy Paste (Anchovy Paste (Fish), Refined Olive Oil, White Wine Vinegar), Basil, Oregano, Rosemary, Cracked Black Pepper, Vegetables (Onions, Parsnips), Sunflower Oil, Potato Starch, Spices (Garlic, Lovage, Nutmeg)), Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Salt, Black Pepper.	Non-Gluten Containing Fusilli pasta cooked separately to order.

Section	Dish Name	Ingredient Declaration	Comments
Pasta	Linguine Carbonara	Linguine (Durum Wheat Semolina), Carbonara (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservatives (Potassium Sorbate, Nisin), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour, Carrot, Dried Tomato, Dried Herb), Smoked Pancetta (Pork, Salt, Dextrose, Glucose Syrup, Preservatives (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Riserva (Milk), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Black Pepper.	Boiler contains other ingredients and allergens. For cross-contact info, see page 4 of the allergen guide.
Pasta	Non Gluten Carbonara	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Carbonara (Skimmed Milk, Water, Single Cream (Milk), Mascarpone Cheese (Cream (Milk), Milk Proteins, Acidity Regulator (Lactic Acid), Preservatives (Potassium Sorbate, Nisin), Full Fat Soft Cheese (Milk), White Mature Cheddar Cheese (Milk), Pecorino And Regato Crumb Mix Cheese (Pecorino Cheese (Sheep Milk), Regato Cheese (Milk)), Modified Maize Starch, Rapeseed Oil, Garlic Purée, Cheese Stock Base (Processed Cheese Powder (Milk), Emulsifying Salt (Sodium Phosphates), Dried Glucose Syrup, Water, Yeast Extract, Salt, Sunflower Oil, Natural Flavouring), Vegetable Bouillon (Salt, Maltodextrin, Potato Starch, Yeast Extract, Sugar, Vegetables (Onion, Parsnip), Sunflower Oil, Spices (Turmeric, White Pepper, Garlic, Mace, Nutmeg, Lovage), Lovage Extract), White Sugar, Yeast Extract, Salt, Thyme, Stabiliser (Xanthan Gum, Guar Gum), Black Pepper, Smoke Flavour, Carrot, Dried Tomato, Dried Herb), Smoked Pancetta (Pork, Salt, Dextrose, Glucose Syrup, Preservatives (Potassium Nitrate, Sodium Nitrite), Antioxidant (Ascorbic Acid), Flavourings (Onion, Pepper, Juniper, Laurel), Spices (Garlic Powder), Beechwood Smoke), Riserva (Milk), Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Parsley, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli pasta cooked separately to order.
Pasta	Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Tomato Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk, Acidity Regulator (Citric Acid)), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree, Rapeseed Oil, Sea Salt, Black Pepper.	Boiler contains other ingredients and allergens. For cross-contact info, see page 4 of the allergen guide.
Pasta	Non Gluten Pomodoro	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Tomato Sauce (Tomatoes, Salt, Basil, Oregano), Mozzarella (Milk, Acidity Regulator (Citric Acid)), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree, Rapeseed Oil, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli pasta cooked separately to order.
Pasta	Vegan Spaghetti Al Pomodoro	Spaghetti (Durum Wheat Semolina), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Tomato Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree, Rapeseed Oil, Sea Salt, Black Pepper.	Boiler contains other ingredients and allergens. For cross-contact info, see page 4 of the allergen guide.
Pasta	Non Gluten Vegan Al Pomodoro	Non-Gluten Containing Fusilli Pasta (Maize Flour, Water, Chickpea Flour, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Sugopronto Al Pomodoro (Tomato Pulp, Onion, Olive Oil, Tomato Paste, Sugar, Salt, Basil, Sunflower Oil), Tomato Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Basil, Golden Vegetable Oil (Sunflower Oil, Extra Virgin Olive Oil), Extra Virgin Olive Oil, Garlic Puree, Rapeseed Oil, Sea Salt, Black Pepper.	Non-Gluten Containing Fusilli pasta cooked separately to order.
Pizzas	Margherita	Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Olive Oil, Yeast, Sugar, Flour Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid), Rapeseed Oil), Mozzarella (Milk), Anticaking Agent (Cellulose), Tomatoes, Salt, Basil, Oregano, Acidity Regulator (Citric Acid), White Rice, Brown Rice, Extra Virgin Olive Oil.	
Pizzas	Non Gluten - Margherita	Non-Gluten Containing Pizza Base (Water, Maize Starch, Potato Starch, Rice Flour, Sunflower Oil, Tapioca Starch, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Thickeners (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Buckwheat Flour, Sugar, Pea Flour, Flavouring, Millet Flour, Flaxseed Meal, Pea Fibre, Potato Fibre, Rice Fibre, Psyllium Fibre, Salt), Mozzarella (Milk), Anticaking Agent (Cellulose), Tomatoes, Salt, Basil, Oregano, Acidity Regulator (Citric Acid), White Rice, Brown Rice, Extra Virgin Olive Oil.	
Pizzas	Vegan Margherita	Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Olive Oil, Yeast, Sugar, Flour Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid), Rapeseed Oil), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum, Locust Bean Gum, Xanthan Gum)), Tomatoes, Salt, Basil, Oregano, White Rice, Brown Rice, Extra Virgin Olive Oil.	

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Pizzas	Non Gluten - Vegan Margherita	Non-Gluten Containing Pizza Base (Water, Maize Starch, Potato Starch, Rice Flour, Sunflower Oil, Tapioca Starch, Raising Agents (Disodium Diphosphate, Sodium Hydrogen Carbonate), Thickeners (Hydroxypropyl Methyl Cellulose, Xanthan Gum), Buckwheat Flour, Sugar, Pea Flour, Flavouring, Millet Flour, Flaxseed Meal, Pea Fibre, Potato Fibre, Rice Fibre, Psyllium Fibre, Salt), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum, Locust Bean Gum, Xanthan Gum)), Tomatoes, Salt, Basil, Oregano, White Rice, Brown Rice, Extra Virgin Olive Oil.	
Pizzas	Stromboli	Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Water, Salt, Olive Oil, Yeast, Sugar, Flour Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Flour Treatment Agent (Ascorbic Acid), Rapeseed Oil.), Mozzarella (Milk), Anticaking Agent (Cellulose), Tomatoes, Salt, Basil, Oregano, Pork, Pork Fat, Salt, Paprika Powder, Spices (Garlic, Cumin, Caraway Seeds, Black Pepper), Saccharose, Acidity Regulator (Glucono-Delta-Lactone), Sugar, Antioxidants (Ascorbic Acid, Citric Acid), Preservative (Sodium Nitrite), Stabiliser (Sodium Citrates), White Rice, Brown Rice, Extra Virgin Olive Oil.	
Sides	Chips	Chips (Potatoes, Sunflower Oil, Batter (Wheat Flour (With Calcium, Iron, Niacin, Thiamin), Modified Starch, Rice Flour, Salt, Corn Starch, Turmeric Extract, Colour (Paprika Extract), Raising Agents (Sodium Bicarbonate, Disodium Diphosphate) Thickener (Xanthan Gum), Dextrose, Dextrin), Garlic Mayo (Rapeseed Oil, Water, Pasteurised Liquid Egg, Acidity Regulator (Acetic Acid), Sugar, Modified Starch, Garlic, Salt, Stabiliser (Guar Gum), Spices (Mustard), Herb, Preservative (Potassium Sorbate), Stabiliser, Xanthan Gum, Antioxidant (Calcium Disodium)), Red Bell Pepper Granules, Salt, Garlic Powder, Yeast Extract, Ground Oregano, Ground Rosemary, Roasted Garlic Granules, Ground Paprika, Red Bell Pepper, Oregano Leaves, Rubbed Rosemary, Parsley Flakes, Oak Smoked Sea Salt, Cracked Black Pepper, Ground Black Pepper, Rapeseed Oil, Palm Oil, Salt.	Fryer contains other ingredients and allergens. For cross-contact info, see page 4 of the allergen guide.
Desserts	Cherry & Clotted Cream Gelato	Whole Milk, Sugar, Double Cream (Milk), Clotted Cream (Milk), Amarena Cherry Sauce (Dried Glucose Syrup, Sugar, Candied Cherries (Cherries, Glucose-Fructose Syrup, Sour Black Cherry Juice, Acidity Regulator (Citric Acid), Vegetable Concentrate (Black Carrot, Hibiscus), Natural Flavourings), Water, Concentrated Amarena Cherry Juice, Acidity Regulator (Citric Acid), Thickener (Agar Agar, Pectin), Flavourings (Colour (Anthocyanins))), Dextrose, Skimmed Milk Powder, Cinnamon Biscuit (Wheat Flour, Sugar, Rapeseed Oil, Candied Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Cinnamon, Salt), Digestive Biscuit Crumble (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Fat (Palm Oil, Rapeseed Oil), Sugar, Invert Sugar Syrup, Raising Agent (Sodium Carbonate), Salt), Vegetable Fat Sg (Shea Kernel Oil, Palm Oil, Emulsifier (Sunflower Lecithin)), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabiliser (Locust Bean Gum, Guar Gum, Carrageenan).	
Desserts	Salted Caramel Gelato	Water, Glucose Syrup, Sugar, Coconut Oil, Salted Caramel (Water, Sugar, Partially Inverted Refiners Syrup, Glucose Syrup, Corn Oil, Corn Starch, Vanilla Extract, Natural Flavourings, Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids)), Maltodextrin, Dextrose, Soya Protein, Colour (Plain Caramel), Sea Salt, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Locust Bean Gum, Carrageenan, Guar Gum), Natural Flavourings.	
Desserts	Vanilla Gelato	Reconstituted Skimmed Milk Powder, Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Glucose Syrup, Whey Powder (Milk), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Natural Vanilla Flavouring, Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum), Exhausted Ground Vanilla Beans, Colour (Annatto Norbixin).	
Desserts	Chocolate Gelato	Reconstituted Skimmed Milk Powder (Milk), Sugar, Vegetable Fats (Palm Kernel Oil, Palm Oil), Cocoa Powder, Glucose Syrup, Whey Powder (Milk), Fat Reduced Cocoa Powder, Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabilisers (Guar Gum, Locust Bean Gum, Xanthan Gum).	
Desserts	Berry Sorbet	Water, Strawberry Puree, Sugar, Glucose Syrup, Blackcurrant Puree, Raspberry Puree, Fructose, Maltodextrin, Stabilisers (Guar Gum, Locust Bean Gum, Hydroxypropyl Methyl Cellulose), Sweetener (Steviol Glycosides)).	
Desserts	Biscoff Cheesecake	Lotus Biscoff Cheesecake (Biscuit Crumb (Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Palm Oil, Sugar, Wholemeal Wheat Flour, Invert Sugar Syrup, Raising Agents (Sodium Carbonates, Ammonium Carbonates), Salt), Whipping Cream (Milk), Reduced Fat Soft Cheese (Milk Solids, Modified Starch, Salt), Caramelised Biscuit Spread (Caramelised Biscuit (Wheat Flour, Sugar, Vegetable Oil (Rapeseed Oil, Palm Oil), Candy Sugar Syrup, Raising Agent (Sodium Carbonates), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid)), Sugar, Full Fat Soft Cheese (Milk Solids, Modified Starch, Salt), Caramelised Biscuit Crumbs (Wheat Flour, Sugar, Vegetable Oils (Rapeseed Oil, Palm Oil), Candy Sugar Syrup, Raising Agent (Sodium Carbonates), Salt, Cinnamon), Starch (Maize), Partially Inverted Sugar Syrup, Preservative (Potassium Sorbate), Flavouring), Water, Salted Butter (Cream (Milk), Salt), Invert Sugar Syrup, Whipping Cream (Milk), Single Cream (Milk), Glucose Syrup, Demerara Sugar, Dark Brown Sugar, Modified Maize Starch, Rapeseed Oil, Colour (Ammonia Caramel), Stabiliser (Xanthan Gum), White Chocolate Curls (Sugar, Cocoa Butter, Whole Milk Powder, Lactose (Milk), Emulsifier (Soya Lecithin), Natural Vanilla Flavouring).	

Section	Dish Name	Ingredient Declaration	Comments
Kids Starters	Kids - Vegetable Sticks & Dip	Carrots, Cucumber, Tomatoes, Salt, Basil, Oregano.	
Kids Mains	Kids - Top Your Own Pizza Face	Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil)), Mozzarella (Mozzarella (Milk), Anticaking Agent (Cellulose)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Maize Grits, White Rice, Brown Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maize Starch, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar (Acidity Regulator (Citric Acid))).	
Kids Mains	Vegan - Kids Top Your Own Pizza Face	Dough (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Sponge (Fortified Wheat Flour (Wheat, Iron, Niacin, Thiamin, Calcium Carbonate, Ascorbic Acid), Water), Water, Salt, Olive Oil, Yeast, Sugar, Dough Improver (Wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil)), Vegan Mozzarisella (Bio Surice (Water, Germinated Brown Rice, Salt, Apple Vinegar), Water, Cold Pressed Coconut Oil, Sunflower Oil, Oregano, Lemon Juice, Thickeners (Arabic Gum, Locust Bean Gum, Xanthan Gum)), Pizza Sauce (Tomatoes, Salt, Basil, Oregano), Baby Plum Tomatoes, Maize Grits, White Rice, Brown Rice, Raising Agents (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Maize Starch, Roasted Red Peppers (Red Peppers, Water, Vinegar, Salt, Sugar (Acidity Regulator (Citric Acid))).	
Kids Desserts	Kids - Frutti	Apples, Black Grapes.	